**Fun Ideas to Stay Active and Safe**

- Hop on your bike or grab your scooter, just don’t forget to wear your helmet.
- Dive in for a swim and wear your goggles to see where you’re going underwater.
- Hit the beach and practice your sand architecture.
- Pack a picnic and roll out your blanket for a relaxing meal al fresco.
- Stay hydrated by drinking plenty of water.
- Simply soak up some sun.

BPA is a building-block chemical used to make polycarbonate plastic. Thanks to BPA and polycarbonate plastic, these commonly used products are strong, durable, clear, shatter-resistant and light weight!

**IS BPA SAFE?**

**FDA’s Assessment Says Yes.**

BPA is one of the most widely studied chemicals used today. The FDA recently released the CLARITY Core Study, confirming that BPA is safe at the very low level consumers are exposed to. Government agencies around the world agree.