Are alarming media reports true, or are we safe from BPA exposure? A recent peer-reviewed study published in the scientific journal *Environmental Pollution* gathered data from prior research on human exposure to BPA and answers this question.

**WHAT DID RESEARCHERS EXAMINE?**
The researchers found more than 140 peer-reviewed studies, containing more than 85,000 data points from 30 countries to conduct their analysis. They compared the exposure levels from these studies to the safe intake limits set by government bodies around the world.

**WHAT WAS THEIR GOAL?**
To determine how much BPA people are actually exposed to and whether those levels pose a risk to health.

**WHAT DID THEY FIND?**
The study’s results showed that actual human exposure to BPA was hundreds to thousands of times below the safe intake limit set by government bodies. Because of the large volume of data (85,000 data points from 30 countries), the researchers can say with a high degree of confidence that the results accurately measure BPA exposure worldwide.

**So, where in the world are you safe from BPA?**
Data from this study strongly supports the views of government bodies worldwide on BPA. The U.S. Food and Drug Administration (FDA) answers the question “Is BPA safe?” with the unequivocal answer “Yes.” Similarly, the European Food Safety Authority (EFSA) stated “BPA poses no health risk to consumers of any age group (including unborn children, infants and adolescents) at current exposure levels.”

---

2. Ibid.